



## Rules and Regulations

### A. Equipment

1. All players must wear protective shin guards and socks. Socks must be long enough to cover the shin guard completely.
2. Aluminum or metal cleats are not allowed and must be removed. Only rubber or plastic cleats will be deemed acceptable for play. Tennis shoes are acceptable footwear.
3. Uniforms will be provided by the sponsoring recreation agency.
4. Players must remove all watches, earrings, and any other jewelry that the officials deem hazardous.

### B. Measurements

1. Game ball will be provided by the City of Evans Recreation Department
  - Size 3
2. Goal size
  - Kindergarten/1<sup>st</sup> Grade 4' x 6'
  - 1<sup>st</sup> Grade/2<sup>nd</sup> Grade 6' x 12'
3. Field size: the playing field will be marked off with chalk
  - Kindergarten/1<sup>st</sup> Grade 35 yards L x 25 yards W
  - 1<sup>st</sup> Grade/2<sup>nd</sup> Grade 55 yards L x 35 yards W

### C. Playing Rules

1. Number of players
  - Kindergarten/1<sup>st</sup> Grade 5 v 5 no goalie
  - 1<sup>st</sup> Grade/2<sup>nd</sup> Grade 6 v 6 including goalie
2. Playing time
  - 2, 15-minute halves with a running clock, and a 3-minute halftime
  - All players must play equal amount of time.
  - Substitutions may be made on any dead ball.
3. Start of play
  - To start the first and second halves, and following each goal, play is started or restarted with a kick-off in the center of the field. A coin toss is used to determine which team kicks off to start the game and the other team kicks off to start the second half. Following a goal, the team scored upon kicks off.
  - Kick-Off: The ball is placed at the center spot and must be played forward by the kicking team (across the mid-field line). No defending team player can be inside the center circle until after the ball is touched. The player playing the ball may only touch the ball once until another player, on either team touches the ball.
4. Ball in/out of play
  - The ball is out of play when the entire ball crosses the boundary lines, either sideline, or end lines.
5. Throw ins/Kick ins
  - Awarded to team who did not touch the ball last before it completely crosses the boundary line. All players must be 5yds away from the spot of entry for both throw-ins and kick-ins. If the ball stops within the safety box, the defending team will be awarded a goal kick.

Age Group	Out at Sideline	Out at Endline
Kindergarten/1 <sup>st</sup> Grade	Kick in	Kick in
1 <sup>st</sup> Grade/2 <sup>nd</sup> Grade	Throw in	Goal kick from corner of goal box if last touched by an attacker. Corner kick if ball is last touched by a defender.

#### 6. Scoring

- A goal is scored when the whole ball crosses over the goal line, between the goal posts and under the crossbar.
- Score and standings will not be kept.
- Kindergarten/1<sup>st</sup> Grade players must stay outside of the safety box (6' x 4' box around the goal mouth).

#### 7. There are no offsides.

#### 8. No slide tackling.

#### 9. Game setup

- Teams shall be on the same side of the field. Parents and spectators for each team MUST be on the opposite side of the field from the players.
- Coaches for the Kindergarten/1<sup>st</sup> Grade division will be allowed on the field to assist in keeping the game running.
- Coaches in the 1<sup>st</sup> Grade/2<sup>nd</sup> Grade division must stay on the sideline of their designated half throughout game.

### D. Unsportsmanlike Conduct

- If the referee or game supervisor witnesses any acts of intentional tackling, elbowing, cheap shots, blocking or any unsportsmanlike act, the game will be stopped and the player will be ejected from the game. The decision is made at the referee's discretion and no appeals will be considered. FOUL PLAY WILL NOT BE TOLERATED.
- Offensive or confrontational language is illegal. Officials have the right to determine offensive language. If offensive or confrontational language occurs, the referee will give one warning. If it continues, the player/players/coach/spectator will be ejected from the game.
- Spectators must also adhere to good sportsmanship, as well.
  - Yell to cheer on your players, not to harass officials or other teams.
  - Keep comments clean and profanity free.
  - Compliment ALL players, not just one child or team.
- Spectators are required to keep fields safe and kid-friendly.
  - Keep younger children and equipment (i.e. coolers, mats, chairs, etc) a minimum of 10 yards off the side of the field.
  - Stay in the "fan zone" area- opposite side of the field as the teams.
  - No one is allowed behind the end zones for safety reasons.

### E. Inclement Weather

1. City of Evans Weather Line: 970-475-1135
  - If information has not been updated, all games will go on as scheduled.
2. In the event of inclement weather **for a game**, all coaches will be contacted one hour prior to game time, if possible.
3. We will also update our Facebook page and website with game cancellation information.
4. There is no guarantee of make-up games, however, every effort will be made. Based on staffing and field availability, games may be made up during the week or on weekends.
5. The City of Evans recommends that if any thunder or lightning is heard or seen all outdoor activity should be stopped. The National Lightning Safety Board states, "If you see it, flee it. If you can hear it (Thunder) clear it." (<http://www.lightningsafety.com>) Then wait thirty minutes after the last sighting to resume activity.